

Ayman Basali, MD, MSc

Pain Management Institute Interdisciplinary Initial Evaluation

Name _____ DOB: _____ Date: _____

Age: _____ Gender: _____ Primary Care Physician: _____ Referred by: _____

Chief Complaint/ Reason for Visit/Pain history (See Pain Picture): _____

History of Present Illness:

Date of Onset: _____
 Following illness, surgery
 Pain "just began"
 Accident at _____
 Was Bureau of Worker's Compensation
Claim filed? No Yes
Last day worked _____

Past Diagnostic Tests:

MRI/CAT Scan _____
 X-rays _____
 EMG _____
 Labs _____
 Other _____
 Current Infection Yes No

Past Treatments:

Blocks _____
 Physical Therapy/Massage
 Manipulation
 Trigger Points Injection
 Acupuncture
 Medications
 Physicians who treated my pain

Recent Fracture Yes No If yes, location _____ Litigation related to Back Injury Yes No

Primary Pain/Intensity:

Location: _____
Radiates to: _____
_____/10 present
_____/10 worst
_____/10 best

Quality:

Aching
 Dull
 Sharp
 Burning
 Throbbing
 Stabbing
 Electric Sensation

Duration: Exacerbation Factors:

Continuous Unknown
 Intermittent Bending
 Occasional Standing
 Brief/momentary Sitting
 Night Day Time Walking
 Lifting
 Weather

Alleviating Factors:

Unknown
 Medication
 Rest
 Heat
 Ice
 Other _____

Other pain/Intensity:

Location: _____ /10 present _____ /10 worst _____ /10 best

Patient Pain Goal: _____ /10 Radiates to _____

Accompanying Symptoms:

Not applicable (N/A)
 Nausea
 Headache
 Dizziness
 Tripping/Falling
 Dropping Objects
 Tingling
 Numbness _____
 Weakness
 Muscle pains
 Spasms
 Stiffness
 Decreased sphincter control
 Other _____

Joint Swelling of:

N/A
 hand: right left
 back: neck thoracic lower
 knee: right left
 ankle: right left
 other _____
 N/A

Joint Pains of:

N/A
 hand: right left
 back: neck thoracic lower
 hips: right left
 knee: right left
 ankle: right left
 N/A

Psychological:

Alert and oriented x 3
 Mood, affect appropriate
 Anxious, upset

Sleep Patterns:

No problems
 For most part is adequate
 Not sleeping well secondary to pain
 Awakes due to Pain Urination Other: _____

Past Medical History:

Arthritis Raynauds
 Heart Disease Asthma
 Hypertension Migraines
 Stroke Crohns
 Diabetes Cancer
 Unexplained Wt. Loss Hx of back pain

Surgery:

Tonsillectomy Hysterectomy
 Hernia Repair Gall Bladder
 Appendectomy Laminectomy: Cervical, Thoracic, Lumbar
 Other: _____
 Spine Surgery: _____
 Other: _____

Over

Interdisciplinary Initial Evaluation

Name: _____ DOB: _____ Date: _____

Allergies/Reactions: None Known Allergic to: _____

Present: Medications See Medication Summary N/A

Last Dose Pain Medications: _____

Past Pain Medications: _____

Family History:

- Arthritis Cardiovascular Hypertension Stroke Diabetes
- Raynauds Asthma Migraines Crohns Cancer
- Other: _____

Review of Systems:

- | | | | | |
|---|---|---|---|------------------------------------|
| General: | Skin: | Heart/Lung | GI: | GU |
| <input type="checkbox"/> Not Applicable (N/A) | <input type="checkbox"/> N/A | <input type="checkbox"/> N/A | <input type="checkbox"/> N/A | <input type="checkbox"/> N/A |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Rash | <input type="checkbox"/> Cough | <input type="checkbox"/> Nausea | <input type="checkbox"/> Frequency |
| <input type="checkbox"/> Fever/Chills | <input type="checkbox"/> Major Rash | <input type="checkbox"/> Wheeze/Phlegm | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Urgency |
| <input type="checkbox"/> Night Sweats | <input type="checkbox"/> Dry Mucosa | <input type="checkbox"/> Dyspnea | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Dysuria |
| <input type="checkbox"/> Adenopathy | <input type="checkbox"/> Mucosal Ulcers | <input type="checkbox"/> SOB on Exertion | <input type="checkbox"/> Constipation | <input type="checkbox"/> Nocturia |
| <input type="checkbox"/> Weakness | <input type="checkbox"/> Alopecia | <input type="checkbox"/> Chest Pains | <input type="checkbox"/> Dysphagia | <input type="checkbox"/> Hematuria |
| <input type="checkbox"/> Anorexia | <input type="checkbox"/> Photosensitivity | <input type="checkbox"/> Palpitations | <input type="checkbox"/> Gastric Reflux | |
| <input type="checkbox"/> Weight Loss | | <input type="checkbox"/> Chest Pressure | <input type="checkbox"/> Gastritis | |
| <input type="checkbox"/> Weight Gain | | <input type="checkbox"/> Pleuritic Pains | <input type="checkbox"/> Peptic Ulcer | |
| | | <input type="checkbox"/> Orthopneic | <input type="checkbox"/> Colitis | |
| | | <input type="checkbox"/> Pulmonary Embolism | <input type="checkbox"/> Abdominal Pains | |
| | | | <input type="checkbox"/> Hematemesis/Melena | |

- | | | | | |
|-------------------------------------|----------------------------------|--|-------------------------------------|--|
| Heme: | Endo: | Neuro: | HEENT: | Skeletal: |
| <input type="checkbox"/> N/A | <input type="checkbox"/> N/A | <input type="checkbox"/> N/A | <input type="checkbox"/> N/A | <input type="checkbox"/> N/A |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Thyroid | <input type="checkbox"/> Sleep Disturbance | <input type="checkbox"/> Headaches | <input type="checkbox"/> Muscle Weakness |
| <input type="checkbox"/> Bleeding | <input type="checkbox"/> Goiter | <input type="checkbox"/> Seizures | <input type="checkbox"/> Vertigo | <input type="checkbox"/> Muscle Pains |
| <input type="checkbox"/> Bruising | | <input type="checkbox"/> Memory Loss | <input type="checkbox"/> Neuropathy | |
| <input type="checkbox"/> Leukopenia | | <input type="checkbox"/> Cognition | | |
| <input type="checkbox"/> Phlebitis | | <input type="checkbox"/> Balance | | |
| | | <input type="checkbox"/> Decreased Range of Motion | | |
| | | <input type="checkbox"/> Psychosis | | |

Psychosocial History:

Marital Status: Single Occupation: _____ Education: _____

Married Employed or Houseperson

Widowed Unemployed

Divorced Disabled – Do you have any other workers compensation claims? No Yes _____

Retired

Do you feel safe at home? No Yes

Do you have any special cultural or religious practices that will effect medical treatment? No Yes

Have you smoked within the last 12 months? No Yes How to Quit Smoking pamphlet given? No Yes

Date: _____ Time: _____ Nurse Signature: _____

PLEASE LIST ANY ADDITIONAL INFORMATION OR COMMENTS ABOUT YOUR PAIN PROBLEMS

